News Release



FOR IMMEDIATE RELEASE

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A Winter Wonderland of Activities

Lake Tahoe California State Parks February 2005 Activity Schedule

LAKE TAHOE -- It's time to dust off those skis and snowshoes and experience winter Sierra-style.

The California State Parks Sierra District and the non-profit Sierra State Parks Foundation are sponsoring several fun and educational winter activities that appeal to outdoor enthusiasts of all ages and abilities.

All tours will be conducted as scheduled, however, the goal may be changed in extreme conditions. Be sure to wear adequate clothing for weather conditions. Pets are not allowed on the hikes. The state does not provide transportation or equipment; however skis or snowshoes can be rented in nearby Homewood or Tahoe City. Although the activities are free to the public, day use parking fees are required.

Intermediate Cross country touring Sugar Pine Point State Park Saturday, February 5

Explore the more remote areas of Sugar Pine Point SP and enjoy the winter world of the Lake Tahoe basin.

Difficulty: moderate 3.5 miles

Duration: 3 hours

Meet: 1 p.m. Sugar Pine Point State Park Ski Lot, one-half mile south of Tahoma, west of

Highway 89, General Creek Campground.

Tips: Bring your own cross-country ski equipment or rent locally in Homewood; water and a snack. Appropriate for intermediate skiers in good physical condition. Trails are not groomed

Info: (530) 525-7982



Beginning Cross country touring

Sugar Pine Point State Park

Sunday, February 6

Learn Cross country skiing and explore the popular areas of Sugar Pine Point SP and enjoy the winter world of the Lake Tahoe basin.

Difficulty: easy 2.0 miles **Duration:** 1.5 hours

Meet: 1 p.m. Sugar Pine Point State Park Ski Lot, one-half mile south of Tahoma, west of Highway 89, General Creek Campground.

Tips: Bring your own cross-country ski equipment or rent locally in Homewood; water and a snack. Appropriate for beginning skiers in good physical condition. Trails are not groomed

Info: (530) 525-7982

Winter Survival Skills

Sugar Pine Point State Park

Saturday February 12

Come enjoy the snow to its full potential, while learning safety. Learn winter snow survival skills from a rescue ranger

Difficulty: Easy **Duration:** 1 hour

Meet: 1 p.m. Sugar Pine Point Day Use Area, three-quarters of a mile south of Tahoma, east of

Highway 89

Tips: Bring Snowshoes or cross country skis or rent locally in Homewood; snacks, water, and

warm clothing

Info: (530) 525-7982

Snowshoeing Essentials

Sugar Pine Point State Park

Sunday, February 13

Join park staff on this introduction to snowshoeing. Learn the basics of equipment selection, techniques, clothing, and snowshoeing with kids.

Difficulty: Easy 2 miles round trip

Duration: 1.5 hours

Meet: 1 p.m. Sugar Pine Point State Park Day Use Area, south of Tahoma, east of Highway 89 **Tips:** Bring Snowshoes or rent locally in Homewood; trail snacks, water, and warm clothing.

Info: (530) 525-7982

Animals in Winter

Sugar Pine Point State Park

Saturday February 19

Where do animals go when the snow comes? How do they survive? Learn to read the signs and tracks of winter animals

Difficulty: Easy 2 miles **Duration:** 1.5 hours

Meet: 1 p.m. Sugar Pine Point State Park Day Use Area, three-quarters of a mile south of

Tahoma, east of Highway 89

Tips: Bring your own cross-country ski equipment or rent locally in Homewood; water and a snack. Appropriate for beginners in good physical condition. Trails are not groomed

Info: (530) 525-7982

Moonlight Snowshoe Tour Sugar Pine Point State Park Thursday February 24

Description to be announced. Contact (530) 525-3341 for details

Difficulty: TBA **Duration:** TBA

Meet: 7 p.m. at the Sugar Pine Point State Park Day Use Area, three-quarters of a mile south

of Tahoma, east of Highway 89

Tips: Bring your own snowshoe equipment or rent locally in Homewood; water and a snack.

Appropriate for beginners in good physical condition. Trails are not groomed

Info: (530) 525-7982

Intermediate Cross country touring Sugar Pine Point State Park Saturday, February 26

Explore the more remote areas of Sugar Pine Point SP and enjoy the winter world of the Lake Tahoe basin.

Difficulty: moderate 3.5 miles

Duration: 3 hours

Meet: 1 p.m. Sugar Pine Point State Park Ski Lot, one-half mile of Tahoma, west of Highway 89, General Creek Campground.

Tips: Bring your own cross-country ski equipment or rent locally in Homewood; water and a snack. Appropriate for intermediate skiers in good physical condition. Trails are not groomed

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